

October  
1979

# New York



# Cycle Club Inc.

October 1979

## PRESIDENT and INFO. CONTACT

Bill Cooper  
183 Wyckoff St.  
Brooklyn, NY 11217  
(212) 596-9537

## V.P. - PROGRAMS

Lorraine Gwirts  
406 East 64 St.  
New York, NY 10021  
832-9073

## V.P. - RIDES

Ed Flowers  
111-50 76 R. #4L  
Forest Hills, NY 11375  
544-9168

## Coordinators

- A - Gary Kryznowek  
TY 3-5984
- B - John Lorenz  
833-2223
- C - Tony Morano  
373-0776

## TREASURER

Leona Hollander  
235 East 87th St.  
New York, N.Y. 10028  
(212) 427-8460

## BULLETIN EDITOR

Charlotte Hildebrandt  
76 Remsen St.  
Brooklyn, NY 11201  
875-2965

## SECRETARY

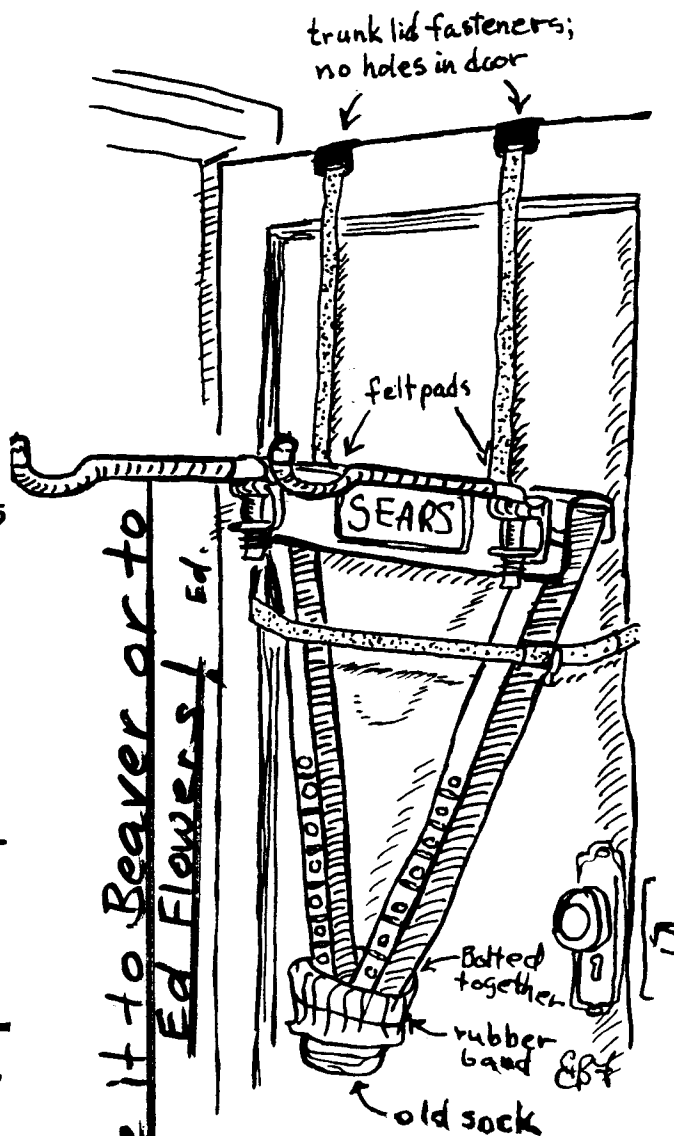
Chris Mailing  
324 East 82 St.  
New York, NY 10028  
879-6199

## CIRCULATION MGR.

Mel Shleifer

## MEMBERS AT LARGE

Gary Kryznowek  
Bill Knight  
Jim Rex



old car carrier  
becomes home  
repair rack

NEW ADIRONDACK BIKING GUIDE AVAILABLE. The NYS Dept. of Parks & Recreation, Albany, N.Y. 12238, has just published an excellent biking guide to the "North Country," the name commonly given to the Adirondacks and surrounding region. The guide consists of a compact paperback book giving information on biking conditions, wildlife, plant life, history, terrain, etc. in each of the counties in the region. There is even an index to state and county roads in each county, and each is rated as to scenery, traffic, and terrain. Campgrounds are listed as are bike shops. In addition, there are a series of maps showing various suggested loop trips (most of them short by our standards) and a general map of the entire region which indicates the degree of difficulty for biking various routes. The whole package costs only \$4.00 and is available from Parks & Rec., address above. It's well worth the money.

*Says: Bill the Framer*

NEXT MONTHLY MEETING: TUESDAY, OCTOBER 16TH, 1979  
RINALDO'S RESTAURANT

32 East 32nd Street, (betw. Park and Maq.)....don't miss the fine  
program "CYCLISTS' Rx" arranged by your most capable VP Programs, L.G.



## Rides For The Month



NO RIDE IS TOO SMALL OR TOO LARGE IF THERE IS A LEADER FOR IT.

Everyone is a potential ride leader. Mail your ride information to the ride coordinators.

A Rides to: Gary Krzynowek, 1460 Bronx River Road, Bronx, N.Y. 01472.  
B Rides to: John Lorenz, 459-100 St., Brooklyn, N.Y. 11224.  
C Rides to: Tony Morano, 93 Bay 23rd St., Brooklyn, N.Y. 11224.

Your rides must be handed in to the V.P. Rides no later than at the monthly meeting.

Sunday CROTON DAM FALL FOLIAGE RIDE: 75 miles & hilly, A+ ride.  
Oct. 14 Steve Bauman, leader. Meet 8:30 A.M. at Fordham Rd. &  
Grand Concourse in the Bronx for a strenuous, 75 mile,  
Fall Foliage tour of upper Westchester county. Be sure to bring  
lunch or money for it. AYH ride.

Sunday BEAR MOUNTAIN RALLY: 95 miles, A ride. Chris Mailing, leader.  
Oct. 14 Meet at Tramway Plaza (Second Avenue between 59th and 60th  
Streets at the Manhattan end of the Queensboro Bridge) at  
8:15 A.M. for 8:30 A.M. SHARP start. Will cycle up the east bank of  
the Hudson River to Bear Mountain, and then return through Rockland  
and Bergen Counties. Call Chris Mailing 879-6199 for further details  
or between 7:30 and 8:00 A.M. the morning of the ride if the weather  
is doubtful.

Sunday PELHAM TO SCARSDALE EXPLORATION: Up to 50 miles, C, scouts  
Oct. 14 only. John Lorenz, mapper. Will be meeting at or near  
Fordham University entrance on Southern Blvd. (near  
Bronx Bot. Gdn.) north of Fordham Rd., at 7:00 A.M. to map a pleasant  
course via the new Bronx Bikeway into the wealthy retreats of Scars-  
dale. All suggestions are welcome if you decide to participate.  
Here's your chance to produce a viable route in the suburbs. Easy  
to get to. Cancelled at 60% chance of rain. Please confirm in advance  
on Saturday night. 833-2223.

Sat.-Sun. INDIAN SUMMER WEEKEND IN MONMOUTH COUNTY: Leaders: Lorraine  
Oct. 20-21 Gewirtz, Sherman Cohen. Cycling sightseeing, seafaring.  
Visit historic twin lights in Highlands, Sandy Hook's 1972  
lighthouse, Gateway and Holmdel Park. Car transportation needed. Drive  
down Sat. A.M. for joint ride with AMC and Atlantic Bicycle Club. Group  
limited. Registration deadline Sept. 20th. Overnight at motel. Rates:  
\$17 single, \$10 each dbl. occup., \$9 each 3 in room, \$7 for 4 in room  
(2 dbl. beds in each room). Registration and further info, send self-  
addressed, stamped, envelope for full amount payable to Sherman Cohen.  
Include if you can supply transportation. Sherman Cohen, 1245 Ave. X,  
Bklyn, NY 11235 (212) 332-1990. AMC-NYCC ride.

Saturday SATURDAY MORNING QUICKIE: 50 miles, B+. Chris Mailing,  
 Oct. 20 leader. Will cover Irv Weisman's marked 50 mile patch  
 ride route through Bergen and Rockland Counties in 3 hours.  
 Meet at the New Jersey end of the George Washington Bridge and Hudson  
 Terrace at 8:15 A.M. for an 8:30 A.M. SHARP start. Call Chris at  
 879-6199 for further details or between 7:00-7:30 A.M. before the  
 ride if weather is doubtful. NYCC ride.

Sunday WESTCHESTER RESERVOIR TOUR: 90 miles, A ride. Bill Yao and  
 Oct. 21 Chris Mailing, co-leaders. Meet at Central Park Boathouse  
 at 7:45 A.M. for 8:00 A.M. SHARP start. Up Route 9 to  
 Ossining, Whitehall Corners, Amawack Reservoir, Yorktown Heights and  
 Maryknoll. Call Chris Mailing 879-6199 or Bill Yao 749-1978 for  
 details or between 7:00 and 7:30 A.M. morning of ride if weather  
 is doubtful. NYCC ride.

Sunday OLD HOME DAY AT THE AMERICAN BICYCLE HALL OF FAME MUSEUM:  
 Oct. 21 10 miles, C ride. Leaders, Roland Geist, Brian McMahon,  
 and Gerard Gardner. Meet 10:00 A.M. at the South Ferry,  
 New York, and boat to St. George, Staten Island. Cycle to Richmond-  
 town, about 10 miles away following bikeway signs. Those riding  
 bicycles will be admitted free to the Hall of Fame. Activities in-  
 clude visiting the Hall of Fame exhibitions, getting autographs on  
Bicycle People, and the election of a cyclist to the Hall of Fame  
 after a lecture by Gerard and Roland.

Saturday THE TWO/TWO TOUR: C+ ride/45 moderately hilly miles.  
 Oct. 27 Sherman Cohen and Martha Ramos, co-leaders. Cross two  
 bridges and visit two states. Meet at 9:00 A.M. on the  
 Brooklyn Bridge or 9:20 A.M. on the Manhattan side of the Brooklyn  
 Bridge, for a trip and picnic lunch at the Ft. Lee historic site in  
 Ft. Lee, N.J. Cancelled if 50% chance of rain. Bring money, lock and  
 lunch. Sherman Cohen, 332-1990 eves.; Martha Ramos 858-9142 eves.  
 NYCC ride.

Sunday ALL CLASS CLUB RIDE -- A,B,C:  
 Oct. 28 (See writeup elsewhere in Bulletin)

Class	Start Point	Depart time	Total Miles
A	Grand Army Plaza, 5th Ave. & 59th St. Alt.Strt.Pt.: G.W. Bridge & S. Ped.Wlk.	7:45 A.M. 8:15 A.M.	80
B	Central Park West & 72nd Street Alt.Strt.Pt.: Ft.Wash.Ave.& W.178th St.	8:15 A.M. 8:45 A.M.	60
C	Central Park West & 72nd Street Alt.Strt.Pt.: G.W. Bridge Bus Terminal	8:16 A.M. 9:00 A.M.	45

REGULAR RIDES -- LEADERLESS

CENTRAL PARK	10:00 A.M. Sat. & Sun.	from Boathouse*
BEDFORD VILLAGE	10:00 A.M.	Sun. from Firehouse.
WHITE PLAINS	9:15 A.M. Sat.	from Milkmaid Diner: at Rosedale & Marmaronack.
LONG ISLAND	10:00 A.M. Sat. & Sun.	from I.U. Willets School Pkg. lot: I.U. Willets & Gna. Wds.
EASTERN LONG ISLAND (Bridgehampton)	10:00 A.M.	Sun. from Soporific Bike Shop, Montauk Hwy. (Rte. 27)

\*The Boathouse is located on the East Drive of Central  
 Park about 3 blocks north of the Fifth Ave. and 72nd St. entrance.

## CYCLISTS' Rx

Debora Hutchinson is just what the doctor ordered -- Director of the Cardiovascular Fitness Department at the West Side YMCA, an R.N. and a cyclist. She cycles for recreation and pleasure. For about 11 years she's been into "heavy cycling" and has travelled extensively along the East coast. Her trips have taken her to the White Mountains, the Berkshires and Newfoundland. She rides a Raleigh International.

As director of the sports fitness department, Debora works to rehabilitate cardiac patients and to prevent, or control, problems in high risk individuals. She tailor-makes programs for these individuals under the auspices of Dr. Edward Dwyer, chief cardiologist at Roosevelt Hospital. Her patients come from all over the metropolitan area for this specialized treatment program which often includes an ergometer (stationery bicycle), where stress can be measured.

Debora will talk to us about how to handle bicycle accidents - the minor as well as the major ones. What should go into a good first aid kit and when should one use it? When should an accident victim not be moved? What should one do before professional help comes?

To benefit from Debora's expertise join us on October 16th for an Rx designed especially for you, the cyclist.

COMING EVENT - NOVEMBER - WHEELS, WHEELS - Lorraine Gewirtz - WHEELS

\* \* \* \* \*

ALL - CLASS CLUB RIDE - SUN. OCT. 28, 1979

A major gathering of the NYCC clan will take place on Sun. Oct. 28 when all classes of riders will meet for a picnic lunch (12:30 to 1:30 PM) in a NJ park after having enjoyed their respective morning rides in northern NJ and Rockland County. This may be the last good day for cycling before the cold weather sets in. Don't miss it.

The "A" riders, led by Bill Yao and Chris Mailing, will ride deep into Rockland County doing approximately 65 miles from their starting point, over hill and dale, before meeting the club in the park. Info: Bill Yao 749-1978

The "B" riders, led by David Miller, will take the 50 mile marked club route which Chris has been riding faster and faster throughout the season. Their overall mileage for the day will be approx. 60 rolling miles. Info: David Miller 794-9365

The "C" riders, led by two "Upright" riders, Irv Weisman and Martha Ramos, will cover approx. 35 miles in NJ for a total roundtrip mileage of 45 miles from Cent. Park.

The B and C groups will return via Irv's new "southeast passage" which takes the climb back up the palisades in easy (well, almost easy) doses. The A group, in a last defiant gasp, will probably opt to hurl itself against the Clinton Ave. hill. Those impelled by curiosity are welcome to explore the "southeast passage" at the B and C paces.

Lunch can be bought near the park, but, preferably, should be brought from home in order to save time at the food stop.

NOTE: The clock will be turned back this weekend thus giving you an additional hour in which to get yourself underway. We plan to bring the C group back to the G.W. Bridge by 3:30PM. The ride will be cancelled if the probability of rain is 60%.

Info: Irv W. L02-7298

### WANTED TO BUY:

21- or 22-inch frame, 26-inch wheel 3-speed--either the whole bike or just the frame. Frame tubes must not have been damaged. English make (Raleigh, Dunelt, Rudge, etc. preferred. Contact Bill Hoffman, (914) NE 6-7597 evenings. 53 Claire Ave., New Rochelle, N.Y. 10804.

NEW YORK CYCLE CLUB  
BOARD OF DIRECTORS MEETING  
August 14, 1979

Present: Bill Cooper  
Ed Flowers  
Lorraine Gewirtz  
Chris Mailing

Charlotte Hildebrandt  
Gary Krzynowek  
Jim Rex  
Mel Shleifer

Absent: Leona Hollander

Bill Knight

1.) Upon further investigation, Miller's Restaraunt in the Woolworth Building at Broadway and Chambers Street appears neither big enough nor private enough for use as a Glub dinner/meeting place.

The Board is still open to suggestions. Chris Mailing will check McDonald's at Third Ave. and 58th Street. Bill Cooper will talk to the management at Rinaldo's about improving the quality/price of the meals there.

2.) Lorraine Gewirtz displayed N.Y.C.C. logo artwork done by Gene Reynolds. A motion to approve the design was passed 6-0-1.

The logo will be presented to the Club membership at the August 21 General Membership Meeting. Iron-ons will be purchased in two two color combinations: black with red apples; and white with red apples. Each iron-on sheet will contain two logos, one large and one small.

Lorraine suggested that the transfers be priced such that mailing costs and a margin for the possibility of lower than expected sales volume be included. The cost of the transfer, envelope, and postage was estimated at 66¢ per sheet.

A motion to set the tentative price at \$1.00 each and two for \$1.75 was passed 6-0-1.

3.) Chris Mailing had the Club roster printed, however the reduction copy made for Bill Cooper was too light for printing.

Lorraine will ask for a typist at the August General Membership Meeting, while Gary Krzynowek will investigate the possibility of obtaining a printable reduction copy.

4.) The President, Vice President, Treasurer, and Secretary are in the process of obtaining their memberships in the American Youth Hostels.

5.) Lorraine commented that the bulletin was mailed late in August. Ed Flowers and Chris pointed out that the bulletin should be received the week prior to the General Membership Meeting, which it would, if mailed immediately.

Mel Shleifer reported that personal conflicts had prevented him from mailing the bulletins earlier. Bill Cooper reminded Mel that he should ask for help if necessary to meet the deadlines. Mel agreed.

6.) Lorraine reopened discussion on the use of pressure sensitive mailing labels for the bulletin.

Bill Cooper will donate labels and arrange for their production on a Xerox copier. Bill agreed to supply several months worth of labels to Mel in advance.

Mel agreed to use the labels under these conditions.

7.) A Queensboro Bridge Bike Lane Party will be held by Transportation

Alternatives (T.A.) on September 16th. Lorraine suggested that the Club should have a table at the party to promote membership in the Club. The Board accepted the idea, pending approval by T.A.

Lorraine will ask for volunteers to man the table at the August General Membership Meeting.

8.) Mel reopened discussion on his motion to limit membership renewals to those members who participate in Club activities. Various plans were discussed.

Ed made the following motion: "In order to renew membership in the N.Y.C.C., a member must participate in a minimum of three Club rides during the previous membership year, unless granted an exception by Board vote, effective for renewals of 1981."- to be presented to the Club as a by-law amendment on the December ballot. The motion was passed 7-0-1.

9.) Chris introduced a motion as follows: "The membership year be defined as May 1 to April 30, with dues due by April 30, effective April 30, 1980"- to be presented to the Club as a by-law amendment on the December ballot. The motion was passed unanimously.

The Board asked Chris to put an explanation in the bulletin.

10.) Jim Rex will follow up with John Lorenz, Chairman of the By-Laws Review Committee, to learn what progress has been made.

11.) Mel introduced a motion to fund "special projects", whatever they may be. The motion was defeated 6-0-2.

12.) Bill Cooper will ask Leona Hollander for a Treasurer's Report at the next Board meeting.

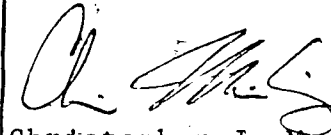
13.) Bill Cooper will furnish Gary with a copy of the by-laws.

14.) The next Board of Directors Meeting will be held on Wednesday, September 12, 1979 at Chris Mailing's apartment at 7:15 p.m.

For Sale: Motobecane Namade bicycle, men's 10-speed, 23" frame, with some extras worth over \$200, excellent cond. Asking \$125 but will take best offer. Call Bill or Audrey (201) 886-0237, ev. or weekend.

A HEARTY WELCOME TO OUR NEW MEMBERS  
WHOSE NAMES WE WILL LIST NEXT MONTH

Respectfully submitted,



Christopher J. Mailing  
Secretary  
New York Cycle Club

\* \* \* \* \*  
50 in 6 L.A.W. HALF-CENTURY PATCH RIDE, Sept.

On Sept. 9, 1979, 9 NYCC members and 1 guest from L.I.B.C. rode the club's 50 mile marked route. The pace was purposely designed to take the entire 6 hours so that riders who had not yet done 50 in 6 could succeed in doing it relatively comfortably and in the company of fellow club members. A one hour lunch stop was included in the 6 hours.

The riders who participated were: Johanna Correll, Lyn Dominguez, Harold Finkel, John Hoffman, Jr., Irv Kratka, David Miller, John Rubino (L.I.B.C.), Arthur Schaffer, Irv Weisman (leader), and Barbara Wood. All the riders decided to commemorate the event by getting the L.A.W. Half-Century patch.

1  
NEW YORK CYCLE CLUB  
GENERAL MEMBERSHIP MEETING  
August 21, 1979

The meeting was chaired by Bill Cooper, President.

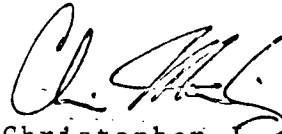
Ride write ups must be submitted to Ed Flowers or the respective Rides Coordinator by the General Membership Meeting date, or phone (212)544-9168 and leave a message.

A representative from Bicycle Commuters invited all interested Club members to join John Marino for the last three miles of his record breaking coast to coast cycling trip. He is expected to arrive around 10:00 p.m., Thursday, August 23.

Next month's General Membership Meeting program will be a historical review of the N.Y.C.C. from 1960 to the present by Bob Herzfelder. The October program will be "First Aid for Cyclists", a presentation by Deborah Hutchinson, R.N.

Mr. Frank Hines of the American Automobile Association presented the film, Only One Road, and then fielded spirited questions from the membership. Mr. Hines emphasized that the A.A.A. is interested in traffic safety as it applies to bicycles and pedestrians, as well as motorized vehicles. He believes that cyclists and motorists must respect each other, and that each must work to earn the other's respect. The film covered basic accident situations and how to avoid them, and the rules of the road applying to bicycle/car interaction.

Respectfully submitted,



Christopher J. Mailing  
Secretary  
New York Cycle Club

SEPTEMBER 12, 1979 BOARD OF DIRECTORS MEETING  
SUMMARY OF MINUTES (UNAPPROVED)

The meeting was chaired by Lorraine Gewirtz in Bill Cooper's absence.

- 1.) Chris Mailing will present a Treasurer's report at the 9/18 General Membership Meeting, in Leona Hollander's absence.
- 2.) The bulletin for September was delayed in the mails, and consequently will not be ready nor mailed out on schedule. The bulletin will be mailed as soon as possible.
- 3.) Mel Shleifer has had second thoughts about using pressure sensitive address labels for the bulletin, citing the additional effort required to do so. The issue remained unresolved.
- 4.) The next Board of Directors meeting will be held on Tuesday, October 9.

\* \* \* \* \*

Our sympathy and affection to Al Goldberg who recently lost his mother.

\* \* \* \* \*



*Robert K. Herzfelder*

*245 West 107th Street*

*New York, N. Y. 10025*

*Academy 2-0853*

PARTING SHOT

Janet and I are most appreciative of your thoughtful gift, and the wonderful send off at last night's meeting. Thanks ever so much; and also for the many years of enjoyment with the NYCC. These past nineteen years have been most rewarding.

While we are looking forward to our new adventure, we leave with a touch of sadness in our hearts in that we will no longer be able to attend the meetings and participate in the rides and long weekends as I have done over the years. I intend to keep up my membership so that I can be kept aware of the activities of the NYCC; and perhaps next summer we will be up to see you all again.

In the meantime if any of you are in Florida, give us a call and come over. You're always welcome. Our new address is as follows:

Century Village West  
Cornwall E - Apt. 1096  
Boca Raton, Florida, 33434.

Before I sign off, I would like to leave with you this bit of "corn" dedicated to my old friend, "Upright" Irv Weisman:

I enjoyed your talk on low low gears,  
It gave me quite a thrill.  
To think that with such low low gears  
I'd ride up every hill.

I hurried to the cycle shop  
Some low gears to install;  
Then headed for the mountain  
So forbidding and so tall.

I climbed that mighty mountain  
Until I reached the top;  
My heart was pounding so darn hard  
I really thought 'twould pop.

Now that I'm hooked on low low gears  
I truly love to talk,  
To tell my friends there ain't no hill  
The likes of me can't walk.

Good luck and goodbye. Have a pleasant winter.

Happy cycling,

Janet and Bob Herzfelder

3RD QUARTERLY RIDE RESULTS OF 1979 (MAY-31 JULY) BY JIM REX THE ORIGINAL RIDE CO-ORDINATOR

	SUBTOTALS	=	C	B	A
CANCELLED LEADERS	17		4	8	5
TRIPS	22		10	4	8
" MILEAGE	41		20	8	13
RIDERS	2857		542	419	1896
" MILEAGE	512		193	50	269
	41386		5777	2734	32875

PAST REFERENCES: P 3 MAR, P 5 JUN, P 4 OCT 78 AND P 3 JAN, P 8 MAR, P 6 JUN 79 BULLETINS

RIDE RESULTS (CURRENT)	TRIP MILES	RIDERS	CLUB'S MILEAGE
JUL 1 HOT DOG SPECIAL	35	16	560
" 4 MILLERSVILLE, PA WKEND	40-65	5	1,140
" 21 NYCC CLUB RIDES	30,40,50	26	1,030
" 29 BREEZY POINT	20	2	40
" 29 CROTON RESERVOIR	106	7	601
AUG 5 WESTHESTER-CONNECTICUT	50	14	700
" 5 SADDLE RIVER CENTURY	116	5	571
" 11 SATURDAY-MORNING QUICKY	(50)	RAINED OUT	0
" 11 BANTAM LAKE TWIN CENTURY	208	13	2,524
" 12 HAUPAGUE CENTURY	(100)	RAINED OUT	0
" 12 BKLYN-JONES BEACH	(60)	RAINED OUT	0
" 17 QUEENSBOROUGH BRIDGE PARTY	?	NO REPORT	?
" 18 RIVERHEAD BIKE TRAIN	25-100	59	2,252
" 19 WESTCHESTER CRUISER	90	2	170
" 19 ROCKLAND COUNTY LOOP	65	4	260
SEP 1 LABORDAY WKEND TRIPLET CENTURY	(300)	LEADER INJURED?	0
" 3 PARIS-BREST-PARIS (WORLD MARATHON)	750/90 HR	4 BY NYCC	2,504
" 8 BROOKLYN RENAISSANCE	25	14	350
" 9 COLD SPRINGS	110	3	330
" 9 HALF CENTURY PATCH RIDE	52	10	520
" 15 SATURDAY MORNING QUICKY	50/ 2:57 HR	1	50
" 15 CATSKILL WEEKEND	35-65	8	700
" 15 FRUIT PICKER	(40)	NO CALLERS	0
" 16 STATEN ISLANDER	(45)	NO CALLERS	0
" 16 HI POINT "100"	25-125	300	30,000

AS OF THIS ISSUE I HAVE FULFILLED MY OBLIGATION VOLUNTARILY TAKEN ON AT THE 1978 NOMINATIONS: WHEN I DECLINED TO CONTINUE IN THE CAPACITY OF VP-RIDES, BUT AS A HELPFUL GESTURE PROMISED TO SUPPLY MY SUCESSOR FOR THE TENURE OF CURRENT ADMINISTRATION WITH A LIST OF "RIDE PREVIEWS". THOSE OF YOU WHO HAD BEEN WONDERING ABOUT THE ANNUAL OR QUARTERLY TABULATIONS IN THE PAST, WERE PROVIDED WITH MORE DETAILS FROM THE MONTHLY RIDE RESULTS. WHO EVER WILL TAKE ON THIS WORK LOAD FROM HERE ON, WILL REQUIRE MORE CO-OPERATION FROM THE RIDE LEADERS THAN MOST HAVE EXTENDED TO ME IN THE PAST. OFTEN I HAD TO CALL 5 TIMES BEFORE I COULD FIND OUT HOW ONE PARTICULAR RIDE TURNED OUT, TO BE ABLE TO INCLUDE IT INTO MY FIGURES. A 10 CENTS POST CARD AFTER THE RIDE TO INFORM ME WOULD HAVE BEEN NOT ONLY CHEAPER, BUT LESS TIME CONSUMING. THE SOUGHT AFTER FEEDBACK WAS TO PROVIDE UP TO DATE INFORMATION CALCULATING THE LAW OF AVERAGES FOR UPCOMING RIDES TO SUECEED, AND OPTIMIZING THE MANPOWER USED IN OBTAINING IT. SO IF ONE MAN'S EFFORT CAN HELP DOZENS OF LEADERS FROM YEAR TO YEAR, THERE IS NO EXCUSE FOR THEM NOT TO HELP JUST ONE MAN IN TURN. LEADERSHIP IMPLIES RESPONSIBILITY AND THIS IS ONE OF THEM. IF YOU CAN GAB ABOUT CYCLING FOR HOURS, YOU SHOULD HAVE NO TROUBLE WRITING A POST CARD THAT TAKES ONLY A FEW MINUTES. SAVE FOR THE FEW PRECIOUS EXCEPTION....

THIS MATTER HAS BEEN WORKED OUT TO THE POINT WHERE ALL IT NEEDS IS CO-OPERATION.

BEING A REGULAR "WARHORSE" OF THE CLUB I WOULD LIKE TO SPARE MY TIME TO OTHER REMAINING ISSUES THAT CALL FOR DEVELOPMENT AND SOLUTION. PRIMARILY IMPROVING SOME ASPECTS OF OUR BULLETINS, SO WE CAN ATTEND THE RIDES WE ALL WORKED TO PUT TOGETHER RATHER THAN JUST READ ABOUT IT BECAUSE THEY WERE DELIVERED TOO OFTEN TOO LATE.

## EXERCISING CAUTION AT HOME?

BY JOHN R. LORENZ

ASHAMED? of the condition of your bike, riding style, erratic shifting pattern, profuse sweating, obesity? It's time to overcome your shame. Don't be shy. Make a promise to yourself never to ride solo as long as you are a member. If you don't like the selection of rides, don't quit, create your own rides and/or ask an experienced tour leader to act as a co-leader on your ride. Nothing ventured, nothing gained. So exercise caution of course, but not at home, on the road instead. We're all deficient in some aspect of cycling, so come out of hiding, admit your faults, and make an attempt to improve the club by your renewed spirit.

## BIKE PARTS AND ACCESSORIES,

NON-CAMPING TOURS BY JOHN R. LORENZ

Stuff

BIKE WAREHOUSE, 215-Main St., Box 290, New Middletown, Ohio, 44442.

Mail order catalog. Most reasonable prices. Owner is president of the very active "Out-Spokin" Wheelmen of Youngstown, Ohio.

Lickton's Cycle City, 310-Lake St., Oak Park, Ill., 60302. Cat.\$ 1.

J. R. Touring Cycles, P. O. Box 34127, Bethesda, Md., 20034. Send your name and address for catalog in preparation.

Palo Alto Bicycles, 171-University Ave, Box 1276, Palo Alto, Cal., 94302. Mail order catalog. Quality only; very fast.

Bikecology, 2910-Nebraska Ave., Box 1880, Santa Monica, Cal., 90406. Mail order catalog.

AYH Outdoor Bound, 132-Spring St., N.Y., N.Y. Mail order catalog for store at same address.

Eastern Mountain Sports, Vose Farm Rd., Peterborough, N.H., 03458.

Mail order catalog for the outdoors person; clothing, packs, tents, etc.

Cannondale, 35-Pulaski St., Stamford, Conn., 06902. Mail order catalog. Buy direct and save on all your bike bags.

Velocipac, 2300-Central Ave., Dept.C, Boulder, Col., 80301. Mail order catalog. Excellent quality bags, panniers, Gore-tex.

Kirtland/Tour Pak, Box 4059, Boulder, Col., 80306. Color catalog of bike bags and dealer listings.

Hartley Alley's Touring Cyclist Shop, P.O.Box 4009 L, 2639-Spruce St., Boulder, Col., 80306. Mail order catalog, 40 pages.

Tours: NEW ENGLAND BICYCLE TOURS, P.O. Box 226, Granby, Conn., 06035.

Recommended. Nine day tours, five overnights, one week-long tour on Cape Cod.

BIKE VERMONT, P.O. Box 75, Grafton, Vt., 05146. Recommended. For all classes of riders. Overnights at country inns.

Special attention given to everyone all the way.

Vermont Bicycle Touring, R.D. 2, Bristol, Vt., 05443.

Scenic Cyclist, P.O. Box 15461, Phil., Pa., 19149. Weekend tours, lodging at college campuses.

Overland Rolls, (Maine Bicycle Touring), P.O. Box 4134, Sta. A, Portland, Maine, 04101. Sailing option.

New England Bicycling Center, c/o The Inn and Danbury, Rte. 104, Danbury, N.H., 03230.

Country Cycling Tours, 95-W.95 St., N.Y., N.Y., 10025. Upstate by van.

Country Bike Center, 144-Bedford Rd., Armonk, N.Y., 10504.

Bicycling to Vermont's Country Inns, c/o Mike Shonstrom, Churchill House Inn, R.F.D. 3, Brandon, Vermont, 05733. Unescorted.

## A COMMENT ON THE BOARD'S PROPOSAL TO LIMIT MEMBERSHIP RENEWAL TO RIDERS ONLY

The Board is proposing to limit membership renewal to only those members who participate in 3 or more rides the season past.

I (Irv Weisman), consider this proposed amendment to be ill-advised. It has a "holier-than-thou" mood to it, and I see no good purpose for it.

If any member is not participating actively enough in our rides program, he/she will probably decide not to throw more dues money away on a renewal for the next year. If the member, despite not riding the past year, decides to renew for reasons of nostalgia or in order to receive the bulletin, we really do not suffer all that much. The dues cover the cost of the bulletin; the expense to the club is the extra work of mailing the bulletins. I would hope that the Circulation Manager would be willing to invest the effort of mailing a few extra bulletins - the non-rider may decide to get moving after all.

Rather than restrict membership, I, as an active and sometimes frustrated leader, would like to see more emphasis on classification, or performance, rides (25 in 3, 50 in 6, time trials, etc.) so that members will know what they can do, and therefore choose rides for which they are qualified. Inadequately trained riders do slow the pace and joy of the ride for the better qualified riders. There is a real pleasure in riding with a well-disciplined and homogeneous pack - a pleasure too often not realized on many of our rides.

Our emphasis should therefore be on promoting training-up rather than on dumping members. Let the members decide whether they are wasting their money.

### IT'S TIME FOR A CLUB CORRESPONDENT BY JOHN R. LORENZ

Having reviewed the current state of our by-laws in between running rides, writing articles, straightening personal matters, I've drawn the conclusion that we should create a new position on the board of directors, that of CLUB CORRESPONDENT. Other clubs have such a position; it's just another example of how stale and meaningless our by-laws have become, when we continue to run meetings and hold elections, and operate on the basis of by-laws created decades ago by some back-office attorney who probably never rode a bike, but did the best he could to breathe some meaning into our good intentions. Come's time we look to them for inspiration, we seek to circumvent and redefine, etc. It happens every year. The overhauling of the by-laws is half ( $\frac{1}{2}$ ) finished, that is, my half of the work. The balance of the work may or may not be completed. All I know is what I learned from them made me more aware of the crying need for a CLUB CORRESPONDENT.

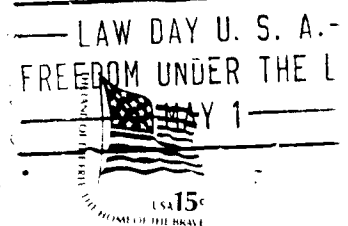
Distributing the load carried by the board is the key to a successful club operation. This year we saw the load in the rides area carried by five persons, where formerly one did all the work. It was a necessary step to take to keep the club alive and functioning. These five people are actually unelected members of the board, having no definition under the by-laws, and remaining in a precarious position of having no tenure both theoretically and actually. We are appointed; no more than extensions of old egoists, glorious creations that fade away just around election time. Yes, we jumped at the opportunity to assist where old hands practiced. And now, just as the garden is harvested and weeds overtake the rows of plants due to our benign neglect, so too we are about to be wiped out by a killing frost. In nature, we know we can't control the weather, but in the "atmosphere" of election time, articles such as this I hope will clear the skies, blow away those destructive

hot air masses on the horizon, shielding us from acid rains coming upon us so unexpectedly. We put down roots that are acid-proof, perennial plants that have only the appearance of having vanished at year's end, only to surprise us with their outstanding reappearance the following season, totally without the mercy and nurturing of the caretakers, wielding tools, dispensing know-how, and positioning us in the background behind the fading blossoms of their accomplishments. Let's grow a good membership with good by-laws.

We need a CLUB CORRESPONDENT for: Guaranteeing quorums at board meetings, public relations, letter writing, record keeping aside from bookkeeping, distributing questionnaires, making surveys, maintaining a library of maps and rides, copy making, written acknowledgments of new memberships, inter-club arrangements for joint rides, planning membership drives, arrangements for entry into parades, or neighborhood events, with media coverage such as Transportation Alternatives gets, purchasing supplies of club forms, letterhead stationery, and business cards for recruitment purposes, confirming reservations for long distance tours, or for charter buses, securing patches, tee-shirts, jerseys, submitting club rides for publication in the "Bulletin" magazine of the national organization, League of American Wheelmen, and acting as a liaison on intra-club matters.

Sounds like a lot of work, doesn't it? Nothing ventured, nothing gained. And just like the five working on rides, the CLUB CORRESPONDENT, if not physically entered into the language of the by-laws, will be buffeted by the annual tempests of election egos. I urge the board and the membership to make at least these changes in the by-laws, allowing for the five member rides committee to be elected officers of the board, and allowing for the election this year of the CLUB CORRESPONDENT

NEW YORK CYCLE CLUB, Inc.  
c/o Mel Shleifer  
P.O. Box 1081  
Mt. Vernon, N.Y. 10551



**FIRST CLASS**